

AE FOREST MAY 8 & 9 2010

PRESS RELEASE #1 – April 26<sup>th</sup> 2010

## 2 Times more participants & E.T. at Avalanche Enduro Ae Forest

The Avalanche Enduro will take place for the second time **at Ae Forest**, south of Scotland, **on May 8<sup>th</sup> & 9<sup>th</sup>**.

For the novice the Avalanche Enduro can be compare to a car Rally. The riders have to compete in special stages (SS) and the result is concluded from the accumulative time of all the SS added together. The SS are predominately downhill stages but they do include some physical effort - short climbs and flat sections so the specialist downhill riders do not have an advantage over the cross country orientated riders. Unlike downhill, cross country and 24 hour events the race is less intimidating and more achievable by this type of rider. **UCC Event organized for the first time an Avalanche Enduro in UK in 2007.**



On Saturday May 8<sup>th</sup>, the **Seeding Run (SR)** opens the week end in the afternoon. Basically riders make their place during the seeding run and they get their race number for the day after with their position at the SR.

On Sunday, **6 special stages** to decide who will be the best rider.

In 2009, **Dan DARWOOD** won the first Avalanche Enduro at Ae forest and 150 riders took part to the event. In 2010, it is 2 times more.

YES, 300 riders ... among them, a Big Name of MTB down hill discipline, he is now riding Down Hill Marathon as **Megavalanche®** but also the **Avalanche Enduro®**, his nick name E.T. .... **Nicolas VOUILLOZ** (Lapierre) himself will be attending the Avalanche Enduro Ae Forest !

We adapted the timetable to welcome 300 riders. The riders will start for **the Seeding Run every 20 sec.** and very new **on Sunday 2 by 2 every 30 sec.**

We could keep individual starts but it might be unfair, weather is changing very quick in Scotland and the first rider can start on a dry track and in the middle on a very wet one. If they start 2 by 2, time between is reduced and almost everyone can have the same ground.



Note that we will ask to every riders to keep clean the place, a trash bag will be given to each rider and will be collected at the end of the week end.

**Respect the place – Respect the track – Respect your adversary**

Info - Programme

[www.avalanchecup.com](http://www.avalanchecup.com)

[www.avalanchecup.com](http://www.avalanchecup.com)